

# The Drug Factor

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## Office of Drug Control Policy

Prevention ~ Treatment ~ Enforcement

## 2005 KTOS Report Released

### Special points of interest:

- ◆ 69.4% of follow-up clients reported alcohol abstinence 12 months after treatment
- ◆ 87.1% of clients reported abstinence from illegal drugs 12 months after treatment
- ◆ 96.6% of clients reported abstinence from prescription tranquilizers at follow-up

The Kentucky Treatment Outcome Study (KTOS), conducted by the University of Kentucky Center on Drug and Alcohol Research is mandated by law and applies to all state-funded substance abuse treatment programs. KTOS includes information collected from clients as they enter substance abuse treatment and one year after treatment. The study compares client self-report information from the two data collection times and produces reports on changes in substance use, criminal justice involvement, supports for recovery, living situation,

and employment one year after treatment.

The 2005 report examined intake and follow-up data on a sample of 941 substance abuse treatment clients in Kentucky who consented to participate in a treatment follow-up study. A summary of major findings is presented in the Kentucky Substance Abuse Treatment Outcome Study FY 2005 Follow-up Findings. The full report is available on the University of Kentucky Center on Drug and Alcohol Research website at <http://cdar.uky.edu/ktos/>.



### Upcoming Events

11/1—11/2/07 KY-ASAP-Champions Conference—Hurstbourne Holiday Inn, Louisville



12/3—12/5/07 KY Narcotic Officer's Conference—Hyatt Regency, Louisville

## Results Indicate Success

The results of the 2005 in crime costs to victims KTOS report indicate that and to the public. There substance abuse treatment was a 71.1% reduction in in Kentucky results in sig- the number of clients re- nificant reductions in sub- porting arrests in the past stance use, decreased crimi- 30 days at follow-up and a nal activity, and increased 50.0% reduction in the employment. These past 12 months. changes result in decreases

**Kentucky cost benefits from treatment can be estimated at \$5.30 for every dollar spent during 2005 on treatment.**

### Justice and Public Safety Cabinet

#### Office of Drug Control Policy

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